

## Health Concerns Reminder - Amended 11 May 2012

In a recent newsletter I made mention of the increase of sickness amongst staff and students. Our students are very susceptible to many of the 'bugs' that are commonly found in most communities and the Board of Trustees are using the following guidelines for students who are sick. *Please note the addition of Impetigo / infectious discharge/uncovered lesions and general un-wellness / unfit state for learning.*

<u>Illness</u>	<u>Recommended Recovery Time</u>
Vomiting	Until 24 hours after last vomit, and managed to keep food down.
Diarrhoea	Until 24 hours after last runny bowel motion.
Conjunctivitis	Until eye discharge has ceased.
Measles	For at least four days after onset of rash.
Whooping Cough	For five days after antibiotics treatment commenced.
Mumps	For nine days or swelling has gone.
Chicken pox	For seven days from the onset of the rash and scabs are gone.
School Sores / Impetigo	Until 48 hours after antibiotics started.
Infectious discharge / uncovered lesions	Until 24 hours after treatment has started and/or discharge has ceased.
Streptococcal Throat	For 48 hours after antibiotics started.
General Anaesthetic	Allow 2 days to be fully alert.
Cold/Flu Symptoms	Until temperature has returned to normal and the nose is clear.
Ears	Until discharge or pain has ceased.
General unwellness / unfit state for learning	Until symptoms cease (e.g. at least 24 hours after last high temperature – above 37.5°) and student is in a fit state to be involved in full school day's activities.

### LUNCHBOXES FOR CHAMPIONS

Healthy Sandwich fillings for fuel

For an extra calcium boost add some low fat cheese or lite cottage cheese.

Remember to always add GLOW – try grated carrot, sliced cucumber and lettuce.



### Term Dates 2012

Term 2 - Mon 23rd April to Fri 29th June  
 (\*Monday 4th June Queens Birthday)  
 Term 3 - Mon 16th July to Fri 28th Sept  
 Term 4 - Mon 15th Oct to Tues 18th Dec



## Hamilton North School

Specialist Learning Centres

*Their potential will be maximized by offering them new challenges and opportunities.*

17 May 2012

Volume 8 2012

## Principal's Corner

The school has two major events happening over the next month that require parents and caregivers support.

The first is our **Professional Development Day** and the second is **Fieldays**.

Unfortunately, they both occur within a close proximity, which for some families may cause an issue. If this poses a problem for your family, please contact the school so we can work out a solution.

### Reminder - PROFESSIONAL DEVELOPMENT DAY FOR STAFF 24 May 2012

The staff of Hamilton North School have been offered a full day of in-service professional development led by Joseph Drieseen who has previously worked in the school.

This day is being offered at greatly reduced rates and will cover the "14 Essential Student Behaviour Management Skills for Teachers and Support Staff."

I know this is short notice, and just before Fieldays, but we consider this professional development important for our staff and therefore for the future development & learning of our students.

I am therefore asking each family to keep their child at home for the day (**Thursday 24th May**)

If this presents a major problem could you please phone/contact the school, as soon as possible, so solutions can be put in place to assist. This includes all students - Base, SLC, Crawshaw and Waipa.

In advance, thank you all for your support.

### Fieldays - June 13-16

As our major fundraising event for the year we sell the **Programmes for Fieldays**. For those new to the school, this is a whole school initiative. We intend operating the same way as in previous years, with staff and parents that volunteer to help, working a full day at Mystery Creek.

Enclosed is a form asking for those able to assist. Please fill in and return this to school. We have had a number of people keen to help already. Historically, many of those who couldn't help with selling have offered to keep their children at home so that support staff are redeployed to help at Fieldays with the selling of programmes.

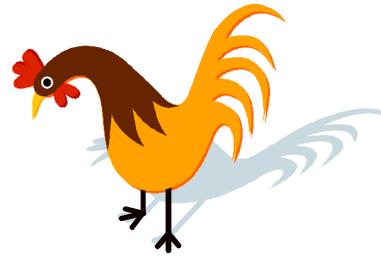
**Quote:** "The highest reward for a person's toil is not what they get for it, but what they become by it."

Tony Kane  
Principal





# SUSTAINABLE FARMING



SLC1 have been studying sustainable farming practice and how this is reflected in the life cycles of the plants and animals on an organic lifestyle block. The children enjoyed harvesting and tasting a wide variety of fruit's and vegetables. They also discussed and experienced nature's palette of colours created by the natural environment in the orchard.

