

SPRING BALL

Hamilton North School is hosting their Bi Annual Ball for students and adults with special needs, **aged 15 years and over**, from all over the Waikato Region.

WHEN: Friday 1st November 2013

TIME: 7:30 - till midnight

WHERE: VARDON SCHOOL HALL, 36 Cunningham Road, Hamilton

COST: Tickets \$20.00 (Pre-sold from Hamilton North School Office).

DRESS CODE: strictly **FORMAL**

Supper provided and snacks available for purchase.

For all enquiries and ticket sales please phone the Hamilton North School office on Ph: 849 3029 or visit our school office between 8:30am—2:30pm Monday to Friday.



Hamilton North School Specialist Learning Centres

Their potential will be maximized by offering them new challenges and opportunities.

29 August 2013 Volume 14

Principal's Corner

Welcome to Week 5

Sadly the last two weeks have not been great for our school family.

Olivia Stevenson from SLC5/6 passed away last Friday. Olivia touched many fellow students and staff in her own way. In recent years Olivia fulfilled a number of challenges like attending camps and participating in all the activities like jetboat riding and hydroskiing. She wanted to be involved in all classroom activities.

During the last week Jackie Francis's mother (Drama teacher) passed away after a short illness.

Both have touched many people in different ways and will be fondly remembered for who they were. Our thoughts and prayers are with these families as they negotiate the times ahead.

Transport - Reminder

If your child is to be away from school or your child is experiencing a problem on the bus could you please contact **Go Bus**; for Hamilton ph:021 314 442, Huntly ph:021 747 191 or Te Awamutu ph:021 759 084. This means the drivers can be notified early of absences and issues.

Phone Calls to School-Reminder

Can I please ask parents and caregivers to leave a message at the office rather than disturbing classrooms during class times (9am—2:30pm). Either Martin or Tracy will record your message and pass it on at the first break. We would appreciate your support in this matter.

Head Lice

As you all know, head lice (nits, kutu bugs) are a continuing problem in schools. We appear to be having such a problem at present and are asking all parents/caregivers to check their child's heads and treat as necessary.

Sports

Tomorrow we have a rugby game here at Hamilton North School against Mount Richmond from Auckland. The game starts at 11:30am and all supporters are welcome to come along and encourages our students.

BASE Production

Will be held on the 9th and 10th September in the Latter Day Saints Church on Sandwich Road. Teachers will notify parents of times.

"CARROTS HELP YOU TO SEE BETTER IN THE DARK"

True! Carrots are an excellent source of Vitamin A (retinol), which has many helpful functions in the body. One of Vitamin A's great jobs is to help keep our eyes healthy so that we can see better in the dark!



"AN EGG A DAY IS OKAY"

True! The yolk of an egg contains cholesterol which tends to make people think that eggs are bad for us. However, research shows that cholesterol from eggs does not increase our blood cholesterol, it's saturated fats in our foods that do this. So unless you have high cholesterol, an egg a day is okay!



Legal Issues Workshop

Thursday October 24th from 1pm to 2:30pm

- Welfare guardianship
- Powers of attorney
- Property management
- Other legal issues around special needs and the transition to adulthood



Facilitated by Nan Jensen
(barrister and solicitor)

At Hamilton North School (*everyone welcome*)

School Dates to remember 2013:

Term 3: Mon 29 July to Fri 27 Sept

Term 4: Mon 14 Oct to Fri 13 Dec

Other Important Dates to remember

Labour Day Mon 28th October - Public Holiday (**No school this day**)

Quote: "If you do good things, then good things will eventually happen to you.."

Tony Kane
Principal





health and safety



ROOM 17 CRAWSHAW 2013

HEALTH & SAFETY

The students in Room 17 have discovered many ways to keep themselves healthy and safe.

Learning the correct way to mount a horse and checking the harness on a pony cart can keep us safe when riding. Visiting the dental nurse regularly and cleaning our teeth twice a day keeps our mouths healthy. Taking care when using a food grater protects our fingers from harm. Applying the road rules every time we cross the road and learning to swim could help save our lives. Regular exercise, healthy foods and drinking lots of water will help to keep our whole body fit and healthy.

