

2014 School Term Dates

Term 3 - Monday 21st July to Friday 26th September

Term 4 - Monday 13th Oct to Friday 12th December



COMMONWEALTH GAMES FUN FACTS

- The Games are made up of 10 core sports and another 7 can be selected by the host. Do you know what sports there are in 2014?
- Over the duration of the Games, around 390,000 meals will be served at the Athlete's Village. Do you know how many athletes are competing in 2014?



NETBALL – STRATEGY. SPEED. AIM

With 12 competing nations, netball is a fast and exciting display of teamwork and skill.

Recovery fuel is as important as pre-game fuel to prepare body and mind for the next game.

Try creamed rice, fruit smoothies, yoghurt and banana.



bodywise

Bodywise is a family based programme aiming to manage over weight issues in children aged 5-12 yrs. Participation in a 6 week group programme is supported by on going individual visits for a further 12 months. Programme topics include: healthy eating for families, school lunches and snacks, getting active, promoting self esteem and confidence, tips for dealing with bullying, problem solving and goal setting. Bodywise is now accepting referrals for groups that will run later this year and 2015.

For more information contact: Helen, Bodywise Dietitian: Ph: 07 838 3565 ext. 22142

E. helen.stockman@waikatodbh.health.nz or Soroya, Bodywise Active Families

Co-ordinator Ph: 858 5388 E. soroyam@sportwaikato.org.nz

Hamilton North School

Specialist Learning Centres

Their potential will be maximized by offering them new challenges and opportunities.

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Principal's Corner

WELCOME TO TERM 3 - WEEK 3

Two weeks ago the SLC classes attended the production of 'Disney on Ice' and were all totally enthralled. This week classes have attended a concert by the **Trust Waikato Symphony Orchestra** at the Hamilton Gardens, again, another exceptional experience for our students that they will remember for some time. On Friday SLC 2 and 4 visit the Tip Top Factory in Auckland as part of their Curriculum Science and Technology topic based on Dairy Products. All our students are definitely being presented with new experiences where they are able to express their delight and enthusiasm.

TRANSPORT REMINDER*

If you are shifting house at any time or changing respite addresses you will need to fill out a **NEW Transport Application** for your child. Please see me at the office for this application as they do take up to two weeks to be processed by the Ministry of Education.

REMINDER- PARENT TO PARENT WAIKATO PRESENTS - Nigel Latta

Nigel Latta will present to Hamilton his 'Modern Family Survival Guide'. This is a fundraiser for Parent to Parent and well worth supporting. When: Thursday 14th August at 7:30pm. Where: Clarence Street Theatre, Hamilton. Cost: \$25 tickets @ Ticketek.

REMINDER - BOARD OF TRUSTEES POSITION

A position for a parent representative has become available on the Board of Trustees. If you would like further information as to what the position entails or would like to put your name forward please in the first instance contact the Board Chairperson - Shelley Campbell on 021 160 5041. Feel free to send a text message expressing your interest and Shelley will phone you back.

Quote:

'Self Sufficiency'

"In the final analysis it is not what you do for the children but what you have taught them to do for themselves that will make them successful human beings"

Tony Kane
Principal



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Hamilton North School
BYSGHPX

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SLC 5 & 6 Technicraft week



The students recently enjoyed a focus week where they participated in Technicraft Classes at Hamilton Junior High School. The students used a wide variety of equipment and media to create their products.

