

Important Term 1 Dates

March 2nd-6th: Camp at Orewa (SLC 3,4)

March 3rd: Special Olympics Swimming Sports at Te Awamutu

March 23rd-27th: Camp at Orewa (SLC 1,2,& 7)

2015 Term Dates

Term 1 - Tuesday 3rd February to Thursday 2nd April

Term 2 - Monday 20th April to Friday 3rd July

Term 3 - Monday 20th July to Friday 25th September

Term 4 - Monday 13th Oct to Wed 16th December



"NEGOTIATING WHAT I WANT"

PRACTICAL SKILLS TO INCREASE THE CHANCE
YOU ARE UNDERSTOOD AND CAN GET WHAT YOU ARE WANTING

New approaches require disabled people and families to identify what they want and negotiate for what they want. This course will enable you to develop and refine skills that will increase your communication and negotiation skills

9:30AM - 2:30PM
TUE 17 FEB 2015 • SAT 7 MAR 2015
HOUSTON HOUSE • TIROHANGA LOUNGE
44 COLLINGWOOD STREET HAMILTON
THU 12 MAY 2015 VENUE TBC
(CONTENT IS THE SAME AT EACH SESSION)

TO REGISTER CONTACT
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enabling good lives

Hamilton North School

Specialist Learning Centres

Their potential will be maximized by offering them new challenges and opportunities.

19 February 2015 Volume 2

Principal's Corner

Welcome to week 3!

The students have settled really well and are enjoying being back at school. They have been reminded about using their sun screen and wearing their hats when outside. It is important that each student brings his/her own sun screen that is suitable for their skin type as some students can have bad reactions due to allergies.

There are a number of activities coming up over the next month so please make sure you find the class letters and information at the bottom of the school bag!

Coming Events

Swimming Sports: March 3rd

A number of students from SLC have been entered in the Special Olympic Swimming Sports to be held in Te Awamutu next Wednesday, March 3rd. For some this is their first time competing and a chance to compete against students from around the Waikato.

Senior Camp: Orewa 2nd - 6th March

SLC 3 and 4 will be spending the week exploring Orewa and the surrounding areas as part of their curriculum studies which are based around Social Studies, Science and Physical Education. I'm sure every student will return having experienced challenges that they will remember for many years to come. It is also a time where the students are able to socialise with their friends outside of the school environment. **(Can all packed gear bags please be brought to school next Thursday 26th February, so that the bus can be loaded ready for when the students arrive on the Monday)**

TRANSPORT REMINDERS*

If you are shifting house or changing carer at anytime you will need to fill out a **NEW Transport Application** for your child. Shifting out of zone can also mean you can lose the transport so please see me at the office for this application as they do take up to two weeks to be processed by the Ministry of Education. Also, if your child is sick can you please let the bus company know on 021314442 Lynda (Hamilton Area), 021747191 Joanne (Huntly/Ngaruawahia/Waipaa Areas) or 021759084 Greg (Te Awamutu Area).

Signing In and Out

Parents please remember to sign your child in or out at the office when you bring them in late or take them early.

THE AVANTIDROME REV CYCLING FESTIVAL
28th February 2015 in Cambridge, 9.30am - 2pm

Cycling is a great way to be **active as a family**

Come down to **Tom Voyle Park** and take part in **free** bike challenges (10am-2pm) and the **free** kids Rev mini (9.30-10am), a fun ride for 12 and unders on a 2km circuit. Other categories available for adults.

RACE THE ROADS OF CHAMPIONS
28 FEBRUARY 2015 | THEREV.CO.NZ

REDUCED FAT

This means there is less fat than the regular version, whether it's 2% less or 40% less.

"Fat Free" products might still be high in sugar - check the label!

NUTRITION CLAIMS

NUTRITION INFORMATION

	QUANTITY	% DAILY VALUE*
	PER SERVING	PER 100g
ENERGY	340 kJ	7%
PROTEIN	<0.1g	<0.1%
TAT TOTAL	4.5g	9%
- saturated	1.7g	3.5%
- trans†	0.0g	0%
- polyunsaturated	1.8g	3.5%
- mono	2.8g	5.5%
- A.S.	<0.1g	<0.1%
- monoconjugated	1.1g	2.2%
CHOLESTEROL	<0.1mg	<0.1%
CARBOHYDRATE	<0.1g	<0.1%
- sugars	<0.1g	<0.1%
SODIUM	36mg	0.7%
VITAMIN A	100 µg (2000 IU)	20%
VITAMIN D	1.0 µg (20 IU)	20%
PERCENTAGE DAILY VALUES ARE BASED ON AN AVERAGE ADULT DIET OF 1500kJ.		

* All specified values are averages. † Percentage Daily Values are based on an average adult diet of 1500kJ. Your daily intakes may be higher or lower depending on your energy needs. †† Monounsaturated (Oleic) fatty acids.

Quote: "Pursue the highest ideals. If you must submit, let it be only to the loftiest mountain"

Tony Kane
Principal





The Arts

Music & Drama



Welcome to Sharni Cooke as the Drama and Music Teacher this term.

The Arts programme supports learning that has been taking place in the classroom through extension activities.



SLC 5 & 6 students had been introduced to the author Eric Carle and the text from his book 'The Very Busy Spider'. During a drama activity, the students constructed their own communal web, while responding to the text of the book.



Other students were introduced to music associated with tourism in New Zealand. Students were then able to come up with their own advertising jingle.