

2017 TERM ONE DATES AND EVENTS:

2 Apr	Daylight Saving Ends (clocks back 1 hour)		
13 Apr	Term 1 Ends (Thursday)	14-17 Apr	Easter weekend
1 May	Term 2 Starts	5 June	Queens Birthday - No School

Absent Students:

If your child is going to be absent for the day or late to school, please phone the School Office on 849 3029 so correct attendance can be recorded.

Visiting/picking up/dropping off students during school hours:

All parents and visitors are required to report to Reception in the first instance upon arrival to school.

THE RED PATH

Please when bringing in or taking your children home, can we ask you all to keep to the red cobblestone paths. We are teaching our children to do this and by you using them that will be modelled and reinforced. It will also reduce the risk of an accident happening. Your assistance will be very much appreciated.

SPEED coming into School:

Important Safety Reminder

Road manners would also have vehicles exiting our carpark giving way to those coming in.



COOLING DOWN FOR SUMMER

A TASTE FOR SWEET

Giving children sweet drinks when they are thirsty develops a taste and habit of wanting sweet drinks all the time.

Swap sugary drinks with:

- Naturally flavoured water
- Smoothies
- Milk

Developed by Sport Waikato 2016

COOLING DOWN FOR SUMMER

FRUIT JUICE VS FRUIT DRINK

Fruit **JUICE** contains real fruit, giving you vitamins and minerals for health. One glass of fruit juice can contain 6+ teaspoons of sugar so it is a **SOMETIMES** drink.

Fruit **DRINKS** such as E2 and cordial are made up of sugar, water and flavourings with no real fruit.

1 x 750ml bottle E2 = 20 tsp sugar
1 x 200ml cordial = 4 tsp sugar

Developed by Sport Waikato 2016

Hamilton North School

Specialist Learning Centres

Their potential will be maximized by offering them new challenges and opportunities.

30 March 2017 **Volume 5**

Principal's Corner Welcome to Week 9

This term has seen our students presented with many new challenges such as moving to a new school and joining a new class. Every student has made progress this term no matter how small and this is celebrated in each class.

I.E.Ps-

Thank you to all those parent/caregivers who have attended I.E.P meetings. These are an important part of every child's education planning which allows for all stakeholders to have input into the development of shared goals.

The Liberty Swing

This is a step closer this week as we pour the concrete for the poles. Our thanks to Chris Ball for all his hard work and thought into making this project happen. Hopefully, by the end of the holidays, it is up and ready for daily use.

Camp:

I dropped in on the campers last week to find a relaxed group of students enjoying being with their peers away from school and doing all those activities that teenagers do, like fishing and going out for meals.

My thanks to staff who go beyond expectations to make these out of school activities so exciting and challenging.

Signing In and Out:

Parents please remember to sign your child in or out at the office when you bring them in late or take them home early.

Absences:

Reminder to all parents/caregivers to please phone into the school office before 9.30am if your child is going to be absent for the day.

Day Light Saving:

This ends this Sunday so remember to put your clocks back an hour and sleep in for an extra hour!!

TRANSPORT REMINDER

If you are shifting house at anytime you will need to fill out a **NEW Transport Application** for your child. Please see me at the office for this application as they do take up to two weeks to be processed by the Ministry of Education.

Quote: ' Nothing happens unless first we DREAM'

Tony Kane
Principal





Room 5 are watching over their Monarch caterpillars and butterflies in their garden this term. Students have developed a ritual of checking on the caterpillars' progress as they pass by throughout the day, noting and predicting each animal's stage of life and sharing this with children from other classes in the mainstream.



Carefully dissection a dead chrysalis (above). Then returning it to the earth (right).

