

2018 TERM ONE EVENTS & IMPORTANT DATES:

06 Mar	Special Olympics Swimming—Te Awamutu
30 Mar	Good Friday - No school
2 Apr	Easter Monday - No school
3 Apr	Easter Tuesday - No school
13 Apr	Term 1 ends

BREAKFAST IDEAS

EASY OMELETTE

- 2 large eggs
- 2 Tbsp. water
- Pinch of salt and pepper
- 1 Tbsp. low fat spread
- ½ cup filling – eg cheese, tomato, capsicum or your favourite vegetables

In a bowl mix eggs, water, salt and pepper well. Melt spread on medium heat in a medium sized pan. Pour in egg mix covering whole pan. Using a spatula, pull in cooked egg from the outside. Tilt the pan so uncooked egg can fill gaps until the bottom is set and egg looks slightly wet on top. Add fillings on one half of omelette and then gently fold other half on top. Slip on to a plate and enjoy!

Developed by Sport Waikato 2017

BREAKFAST IDEAS

EGGS ON TOAST

Eggs-ellent ways to have eggs on toast!

- Soldiers
- Poached
- Scrambled - add herbs for extra flavour
- Microwaved

DID YOU KNOW: Eggs are a great source of protein which helps to grow strong healthy muscles

SOLDIERS
SCRAMBLED
POACHED

Developed by Sport Waikato 2017



TOOLBOX PARENTING COURSES IN YOUR AREA

AGE GROUP	TIME	DAY	VENUE	FACILITATOR
Early Years	7pm to 9pm	Mon 19 Feb to 26 Mar	10 Martin Lane, Horsham Downs	Bridget Frost / Jenny
Early Years	7pm to 9pm	Tue 20 Feb to 27 Mar	Raleigh St Christian Centre, Cambridge	Viki Johnson
Early Years	9.30 to 11.30 am	Wed 21 Feb to 28 Mar	St Andrews, Te Awamutu	Pat Schwas / Ruth Gilling
Middle Years	7pm to 9pm	Thurs 1 Mar to 12 Apr	Activate Church, 11 Bisley Rd, Hamilton	Bev Pollard
Middle Years	7pm to 9pm	Thur 15 Feb to 22 Mar	Matamata Bible Church, Matamata	Anita McDonnell
Tweens & Teens	7pm to 9pm	Thur 15 Feb to 22 Mar	Hillcrest Chapel, Masters Ave	Jennifer & Frank Parry
Tweens & Teens	7pm to 9pm	Tue 20 Feb to 27 Mar	St Andrews, Te Awamutu	Graham and Lynda Driver



CONTACT

Ruth Gilling 027 544 8341
waikato@parentingplace.nz

BOOK ONLINE AT THEPARENTINGPLACE.COM



Hamilton North School Specialist Learning Centres

Their potential will be maximized by offering them new challenges and opportunities.

15 February 2018 **Volume 02**

Principal's Corner

Welcome To Week 3

The school year is now well under way and all classes have settled quickly into the new challenges ahead. Planning for sports days and camps is well advanced. For the first time in many years camps will be later in the year for SLC and Rototuna Classes. I know the students really look forward to these and the challenges that they face.

Coming Events:

Special Olympics Swimming Sports: March 6 at the Te Awamutu Aquatics Centre. Please note that Easter is during the term this year and not in the holidays as in previous years. Please refer to the back page for all the important dates

CHANGE OF STUDENT ADDRESS / TRANSPORT APPLICATIONS:

Please be aware that if you have moved house or intend to do so you need to fill out a **NEW Transport Application** for your child. Enquire at our school office for this application as a new form has been developed and takes a **minimum of two weeks (sometimes longer)** to be processed by the Ministry of Education. If you need to contact Cross Country Rentals ph: 0800 467 3782 or ph/text 027 556 0994. If you need to contact GoBus phone Hamilton area 07 846 1975 or 021 314 442, Huntly area 07 828 7037 or 021 747 191.

SUNSMART:

We are a SunSmart School and have been working with our students to discuss the benefits of wearing hats and sunblock when outside. As staff we are trying to be good role models and wear our hats when outside. To help us could you please ensure that hats and sunscreen are sent to school, and are clearly named.

LATE ARRIVAL / EARLY PICK-UP POLICY:

Reminder to all Parents/Caregivers that during the school day any students being dropped in late, or picked up early, requires parents/caregivers to come to the front office FIRST and sign student in or out. This is to ensure privacy for all students and to eliminate disruption during class time. The front office will phone your child's classroom and request for a staff member to come collect/or drop off student at/from reception. Your assistance will be very much appreciated.

Quote: "COURAGE is living each day of your life like it's your last."

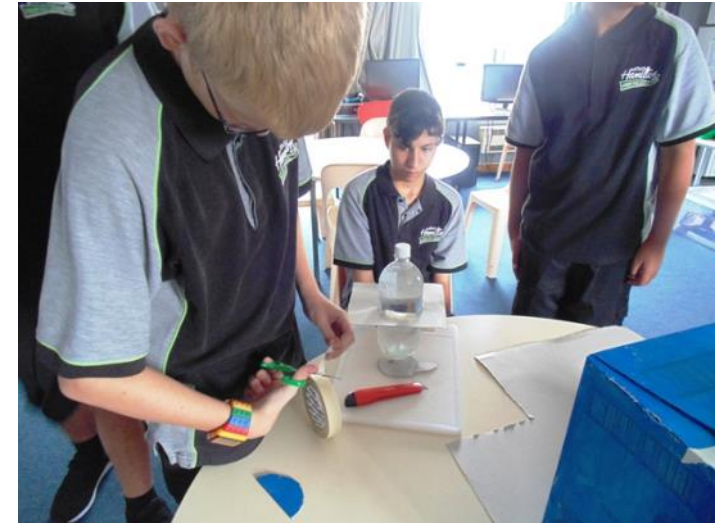
Tony Kane
Principal





SLC 7 are learning innovative ways to recycle.

SLC 7 TECHNOLOGY



The students filled an old plastic bottle with water, and fitted a cardboard plate to surround its circumference.

Using a cardboard box, the students made a model of a building.



The students fitted the roof of their model building with the bottle of water. Using a peep hole the students were able to observe that when light hits the water in the bottle, it bent in different directions, and lit up their “building”.

